

WRAPAROUND PLANNING

Helping Families Get From Here to There

When we need help--whether because of a death, divorce, illness or unexpected situation—we often get the support we need from others. This supportive circle of people wraps themselves around you and your family when you needed it most.

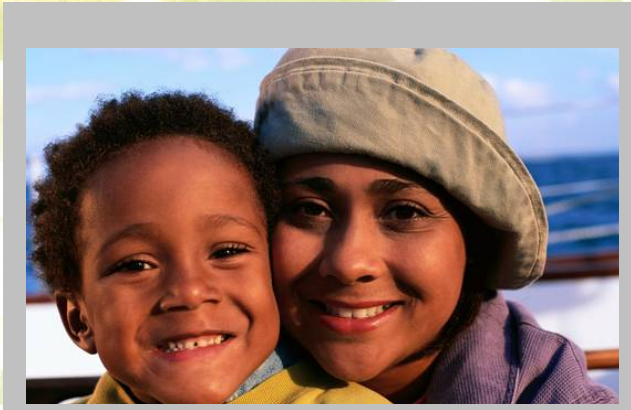
A wraparound plan or wraparound process is much the same. Informal and formal support people come together in an effort to help a family with their needs. These needs may be short or long-term, in fact, many needs will continue even after the wraparound process ends. But with plans in place to help it will be easier to manage the difficult situations.

Think of a wraparound plan as a wheel. In the center of the wheel are the child and family. Each spoke moving to the outside of the wheel has an important part in keeping the wheel together and moving. Every wheel is different and every wraparound plan is different. The plan is not a pre-set program or type of service. The wraparound process is based on the values and belief that effective plans are created on a “one kid at a time” basis.

A unique part of the wraparound process is the inclusion and active participation of people who are probably already giving help to the family. For example: family, grandparents, co-workers, faith leaders, neighbors, childcare workers, service providers, etc. The wraparound process brings all these individuals together to work as a team.



- *Needs driven*
- *Family centered*
- *Ownership of the plan*
- *Strength-based*
- *Normalization*
- *Unconditional care*
- *Unique needs*
- *Community-based*
- *Culturally competent*
- *Comprehensive*
- *Flexible*
- *Evaluation*



Allies with Families

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There are key values when making a wraparound plan.

- The plan is needs driven instead of service driven. The needs of a unique family may not fit into plan "A" or "B" of traditional mental health services. A needs driven plan may take some services from plan "A", none from plan "B" and bring in additional nontraditional services.
- The parent is a central part of the team and shares ownership of the plan. As a team member the parent also shares responsibility for the success of the plan.
- The plan is family centered and based on the unique strengths, values, norms and preferences of the family. Every family has a unique family culture and history. The wraparound plan needs to match individual family characteristics.
- The plan is strength-based. Identifying and using positive traits and family functioning is a key element in all wraparound planning. A plan should celebrate what is going well in the family instead of what is lacking.
- The plan is focused on normalization. The plan shows that the child and family needs are more like other families than different.
- The team makes a commitment to unconditional care. Services are flexible and changed to meet the changing needs of the family. The plan never gives up on the family.
- Services are created to meet the unique needs of the child and family.

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- Services are community-based. Plans are made to allow the child to receive services in their own home, school and community to keep children home with their families.
- Services are culturally competent. The family's unique culture, language, ethnicity and values are important to the plan.
- The planning and services are comprehensive. The plan focuses on the needs of the child and family such as living situation, education, social/recreational needs, psychological, emotional, medical, and legal and safety issues. A crisis plan is always included.
- The plan is financially supported by flexible use of resources or funds.
- Outcome measures are identified and the plan is evaluated often. As the plan is developed decisions are also made to measure if the plan and services are actually doing what needs to be done.

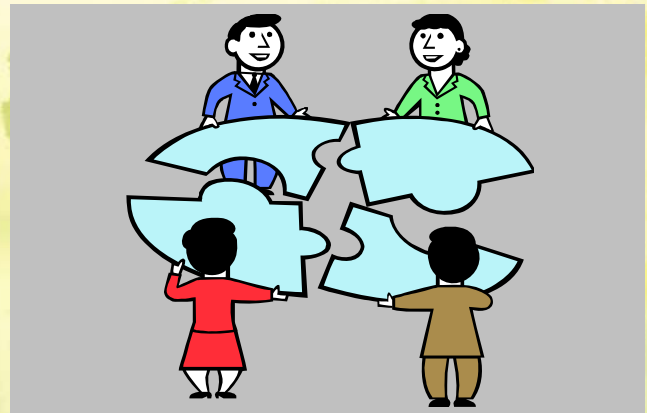
As the problems are more clearly identified, there may be a need for more team members. As goals are met some members of the wraparound team can be let go. The success of the plan comes from people working together with a common goal with compassion and commitment to the child and family.

"It is amazing how much you can accomplish when it doesn't matter who gets the credit."
(unknown)

"None of us is as smart as all of us."
(Ken Blanchard)

Need more information?
WRAPAROUND WEBSITES

www.wraparoundsolutions.com
www.nwi.pdx.edu/pdf/wraparound_family_guide.pdf
www.oregon.gov/DHS/mentalhealth/wrap_around



Working together to make things better through the wraparound process.

Coming soon to your community...

From Hope to Recovery Education Program

This 6-week series addresses issues such as:

- Sibling issues
- School services- IEPs and Section 504
- Illnesses such as anxiety, bipolar, ADHD, depression, etc.
- Communication skills

Call Allies with Families to pre-register for our fall classes. Call 801-433-2595 today.

SIBSHOPS

Come join the fun! Sibshops are recreational workshops for brothers and sisters (ages 8-13) who have a sibling with a special need or disability. Allies with Families hold Sibshops in communities throughout the Wasatch Front.

Call us today to register for an upcoming Sibshop! You'll love it!

HELP WANTED

**Do you like to work with kids?
Are you interested in doing something new?**

Allies with Families is looking for quality childcare workers to help with the Operation Families Together program. You must be over 18, enthusiastic about working with children (ages 0-6 years), and able to work evenings.

Don't miss this opportunity to make a difference in the community. Contact Allies with Families at 801-433-2595.

(Applicants must pass background check)